

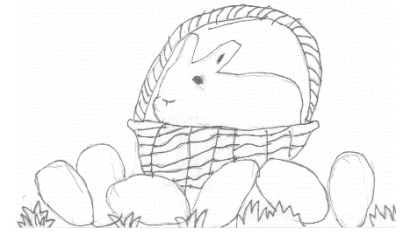
Sawyer



The Eagle Gazette

April 2021

Sawyer

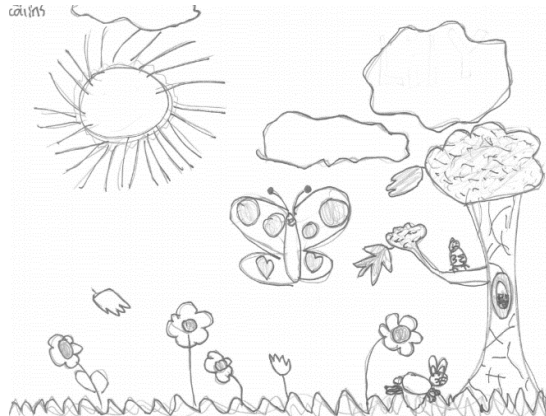


Upcoming Events

April 10 • Annual School District Mtg
10am polls open
11am meeting begins

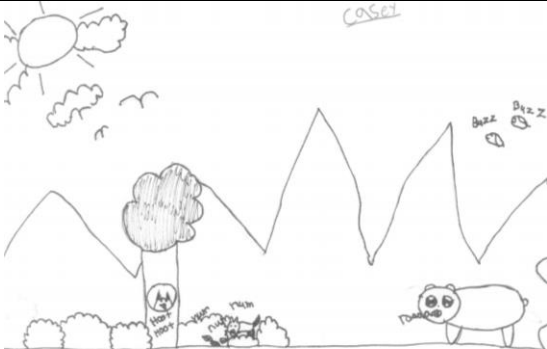
April 12-30 • PTO Virtual 5K

April 19-23 • April vacation



Back to 5 Days in Person a Week

In March, the School Board voted to return to five full face-to-face days. We continue to follow all Covid protocols (masking, distancing, and hand hygiene included) and we appreciate everyone's efforts to keep our students and staff healthy and safe.



From the Superintendent

With more people getting vaccinated and low numbers of positive cases, the NH Department of Health and Human Services has updated travel guidance and quarantine guidelines. Here are some of the key points we will follow:

-Travel in the U.S., including U.S. territories, will not require quarantine.

-International travel or cruise travel will require quarantine, unless:

- You are fully vaccinated, or
- You were diagnosed with COVID-19 in the prior 90 days and have immunity.

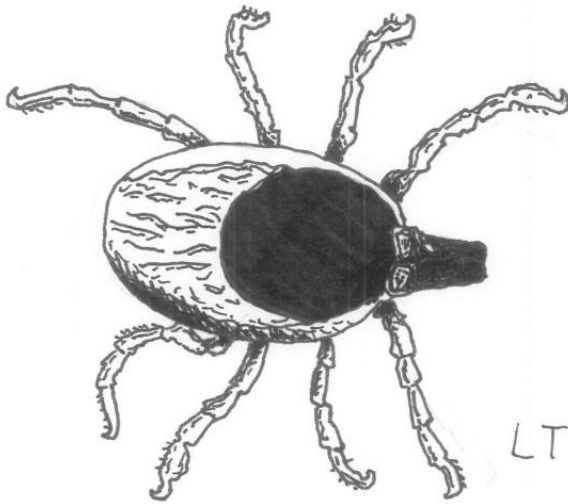
-The quarantine can end after 7 days if you are asymptomatic and have a negative PCR test (not the fast one) on the 6th or 7th day of quarantine.

-Travelers should: wear a well-fitted, multi-layered mask, physically distance 6 feet from other people, avoid large groups, frequently sanitize hands, and self-monitor for symptoms. (Regardless of vaccination status or prior immunity)

-All Travelers are recommended to be tested 3-5 days after travel (domestic and international)

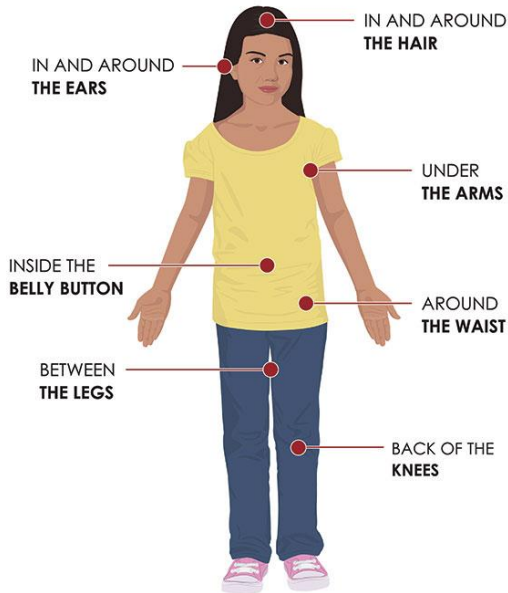
Reminder: Covid symptoms

Students and staff will continue to be excluded from school if demonstrating any of the many Covid-like symptoms. With allergy season upon us, if you or your child have chronic allergies, a note from your doctor will keep your child in school when exhibiting allergy symptoms. Please don't blame the nurses, secretaries, or principals if your child is sent home- they are working hard and doing what is asked of them.



Ick, Ticks!

We've already seen a few ticks here and there, and anticipate there will be a lot this spring. Please be sure to check yourself and your children after being outside! Tucking your shirt into your pants, and your pants into your socks, can help prevent tick bites. Examine your clothing after being outside, too. Finding and removing a tick less than 24 hours after it attaches is key.



www.cdc.gov/ticks/avoid/on_people.html



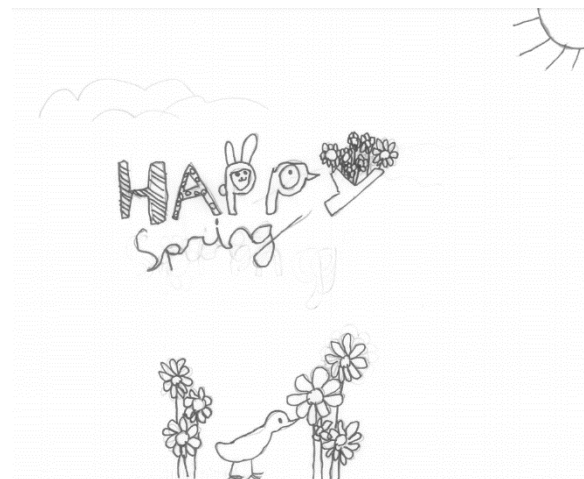
by Joslin W

What's in your backpack?

Spring offers a wonderland of mud and puddles. Does your Eagle have an extra set of clothes in his or her backpack? Please be sure they're ready with a change, should they need it!

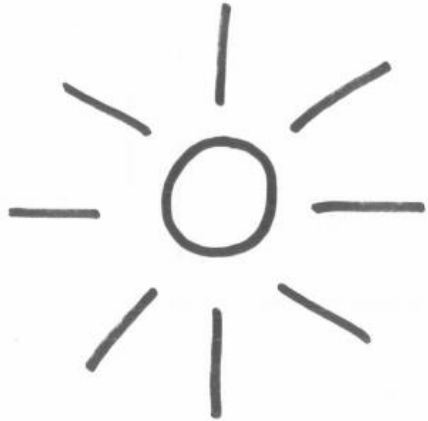
A general packing list for each day:

- Change of clothes
- Extra masks
- Water bottle
- Snacks

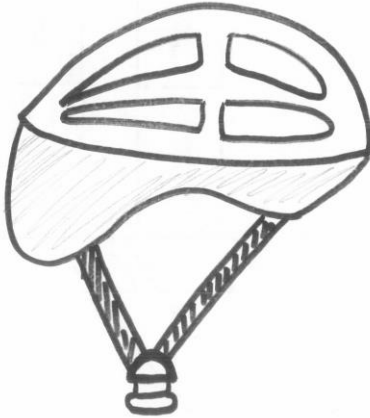


by Malary L

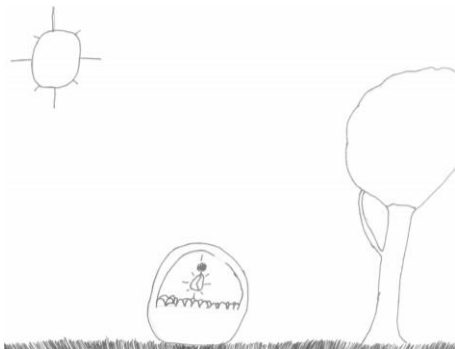
Safety Tips



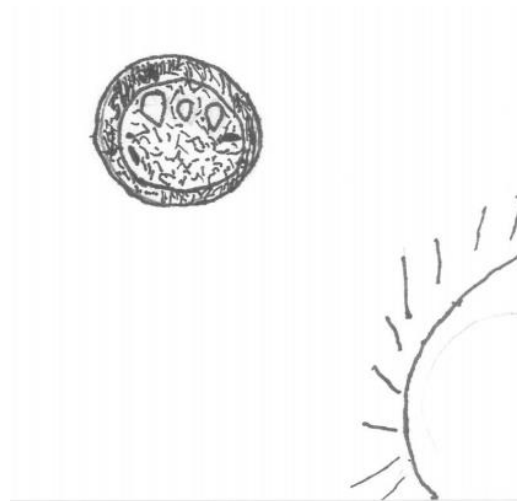
Nurse Stephanie would like to remind everyone that as we approach sunnier weather, it's time to remember **sunblock** again. Keep your skin safe, folks!



Also, it's biking season! Please remember to wear a **helmet**. Protect those beautiful brains, Eagles!



by Lucy



by Ashtin F

Guess Who

Can you guess which description goes with which staff member?

A's favorite children's book is Dr. Seuss' *Oh, The Places You'll Go*. A loves summer. A's hobbies include traveling and photography.

B wrote "I grew up in Littleton. I have taught at BVS for 24 years. I have two cats Lego and Boba Fett. I love ironing and vacuuming. My favorite book is *The Giving Tree*. I have had 4 hip replacements."

C wrote "I grew up in Massachusetts, but moved to NH for college. I have a black lab. I love the fall. I love to draw, read, ski, garden, ice fish and cook. I recently started wood burning my art. I am Greek and Irish. I love listening to podcasts. If I wasn't a teacher I would go to school to be an interior designer. I once ripped my pants doing a Go Noodle with my students."

PTO Virtual 5K

This year, the BVS PTO is having a Virtual 5K to raise funds for student activities. You can register by emailing Ms. Waterman (lwaterman@sau23.org) or Ms. Amanda (acashin@sau23.org). Registration is by donation! Then, you can collect donations from family and friends.

The 5K can be any time between April 12 and April 30. Run all 5K at once if you like. Walk a little every day. Bike if you prefer. Just get out and move!

You can send your times, photos or other Virtual 5K news to Ms. Waterman or Ms. Amanda and we'll share it on our Facebook page.

Donations should be handed in to school no later than April 30. **If we collect \$500 in donations or more, the PTO will provide an ice cream treat for each class!**



Annual School District Meeting

Please note that the Annual School District Meeting will be held this year on Saturday, April 10th here at BVS. The polls open at 10am, and the meeting starts at 11am. As always, we appreciate your support of our school!

Thank you, 5th grade, for the wonderful spring art!

*Guess Who Answers:
A is Miss Cowles!
B is Mrs. Avery!
C is Miss Tillotson!*

